THE INTERNET NEEDS MORE HUMANITY*

The internet was built to connect us—a digital space where distance was no barrier to connection. But somewhere along the way, the very platform designed to unite us began driving us apart. The promise of community has given way to division, hostility and isolation. It's time to reclaim the Internet and restore its humanity: a place where empathy thrives,



Here's some tips on how you can help make the Internet more human again...

TIP #1

Engage With Empathy



Imagine if every convo was like a face-to-face chat (minus the awkward pauses and eye contact intensity). Be kind, be human, be... y'know, *nice*.

TIP #2

Respect Difference



So many people, so many stories. Instead of scrunching your nose at what you don't get, listen — you might just learn something amazing.

TIP #3

Gratitude Is Golden



Your likes, shares, and comments? They're magic. Use them to lift others up, spread good vibes & make the internet a better place (cue angelic music).

TIP #4

Lead By Example



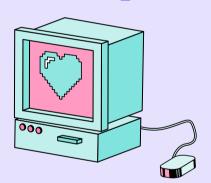




Look, we can't control the internet. But we can control our own actions. Be kind, be thoughtful, and watch the ripple effect. Go on, try it.

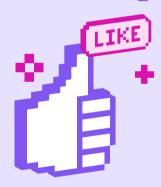
TIP #5

Promote Kindness Publicly...



...call out hate privately. Clap for the good stuff out loud, but for the not-so-good stuff? Slip into the DMs. It keeps things chill & productive. TIP #6

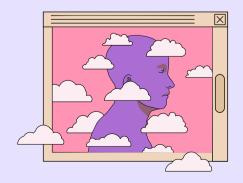
Amplify Positivity



Good vibes? They're contagious. Share them far and wide — your good energy might be exactly what someone needs today.

TIP #7

Practice Active Listening



Newsflash: Listening is so hot right now. Take a sec to actually hear people out before jumping in. It makes all the difference. TIP #8

Uplift Small Voices



Got a platform? Use it! Share the wins, stories, and journeys of the underdogs. (Gatekeeping? Never heard of it!)

TIP #9

Build Connections, Not Divides



Hot tip: Focus on what brings us together. Find those things you both love and ditch the drama. More love, less noise, always.